

**POTTAWATTAMIE COUNTY  
BOARD OF HEALTH  
REGULAR MEETING MINUTES  
FRIDAY, SEPTEMBER 13, 2019  
SUPERVISORS' HEARING ROOM-COUNTY COURTHOUSE  
227 SOUTH 6TH STREET, COUNCIL BLUFFS, IOWA**

**1. CALL TO ORDER**

The meeting was called to order by Chairman, Dr. Michael Guzman at 7:31 A.M.

**2. ROLL CALL**

Members Present: Dr. Shawn Jones, Dr. Eneh Okoruwa, Lea Voss, Dr. Barbara Lee, Dr. Michael Guzman

Members Absent: None

Staff Present: Wyant, Sieck, Nosekabel, Reed

Other Present: Kris Wood, Linda McQuinn, Jenny Sharrick, Scott Belt, Patricia Russmann, Sherrie McDonald, Tara Slevin

**3. MINUTES**

Motion #1: to approve the Minutes of July 12, 2019 meeting.

Motion by: Dr. Michael Guzman

Second by: Dr. Barbara Lee

Vote: Unanimous vote. Motion carried.

**4. REPORTS**

A. **WIC** – Kris Wood update as of end of fiscal year, for WIC is Sept 30, 2019.

- Participation is steady at 2150-2160.
- Fully staffed, now have a new Peer Counseling Coordinator who is currently training.
- WIC Farmer's Market program is winding down. Last markets are scheduled for Sept 26<sup>th</sup> at Bayliss Park and Oct 12<sup>th</sup> at the Senior Center. Participants are still issued paper checks to use for Farmer's Market purchases until the end of October.
- Southwest Iowa Breastfeeding Coalition received \$5000 grant from CHI Healthy Communities Bond. They are purchasing 50 breast pumps for mothers that fall in the gap of not having private insurance and not being a WIC participant. This is a regional grant not just confined to Council Bluffs.

B. **Family Inc.** - Maria Sieck spoke on behalf of Jenny who is absent.

- Jenny communicated with Maria about the Title V Medical Director request. They did find two other physicians who would be willing to provide the service for them. They hope to have a name soon.
- Information on dental screening was included in the packet for their reference.

C. **Division of Public Health** – Maria Sieck delivered update on the following topics:

- Immunization numbers are expected to increase due to:
  - i. School nurses sending PCPH referrals daily for children not up to date on immunizations.
  - ii. Upcoming flu season.
  - iii. Mills County Public Health notified PCPH that they will no longer be participating in the VFC program. They will be referring clients to PCPH.
    - 1. Transportation issues will be handled by Mills County Public Health.
- Immunization audits start Oct 1<sup>st</sup> and expected to be completed by January. Angela continues to add all year long to make for smooth audit this year.

- Communicable Diseases:
  - i. One active TB case in isolation. A recent immigrant living with spouse. They are allowed to live together due to the spouse testing negative. No need for housing, food or transportation. Meeting with client for daily meds and coordination with state.
  - ii. One pertussis case. Infant hospitalized after CPR administered prior to arrival. Insurance did not cover the mother's Tdap during 3<sup>rd</sup> trimester of pregnancy which is required. Post exposure prophylaxis to household and daycare.
    - 1. Dr. Guzman request the insurance company name and advised a letter should be sent to let them know the outcome due to a direct result of their failure to provide an immunization that has been highly recommended by pediatricians and required by OB.
  - iii. Mumps – Two people exposed in Nebraska at a wedding however tested negative. No further known exposures.
  - iv. E.coli – Three tested positive. Department of Inspection and Appeals is inspecting a food establishment all three individuals had eaten at in Council Bluffs.
  - v. West Nile – No reports
- Trainings with local partners:
  - i. Askable Adults Matter – working with Omaha Women's Fund training youth serving professionals and volunteers to provide accurate age appropriate information, youth friendly referrals and provide positive support in sexual health.
  - ii. Stop the Bleed – Kits distributed to schools in Pottawattamie County. They are located next to the AEDs. The main goal is to have better connection with schools.
    - 1. Dr. Okoruwa advised the topic of children's weight and childhood obesity should be discussed with children directly so they have an understanding on why and what they should be eating. They need to have the nutritional knowledge in order to make healthy eating decisions.
      - a. Scott Belt suggested to make contact with the school board members and let them know what we are trying to do. This may be more effective than contacting the school administrators in order to implement programs to teach kids about healthy eating habits.
      - b. Dr. Guzman suggested brainstorming some programs to educate on obesity in general as a third component to public health as STD and vaccines have been implemented.
      - c. Jenny Sharrick suggested to partner with the 5210 campaign through the Iowa Healthiest State Initiative. Primarily aimed at schools and childcare at this time.
- Events:
  - i. Hispanic Fest – in Council Bluffs. Spoke to approximately 150 people. Angela Walker handed out the 5210 jelly bracelets to promote healthy eating.
  - ii. Binational Health Week – family event located at All Care, October 4, 2019.
    - 1. Family and Women events combined this year.
      - a. Mobile mammogram and other services will be on site to include Hispanic outreach.
- HIV and STD Information:
  - i. Syphilis and HCV cases testing positive. Nebraska is no longer participating in finding contacts for gonorrhea and chlamydia across state lines unless they are positive or pregnant women.
  - ii. Currently working with Iowa Western on an ongoing effort to have a Public Health office on campus. We have hired a nurse and the hope is to have her in place by the end of the month.

- Community Health Improvement:
  - i. Tony has been meeting with organizations in relation to mental health and community needs assessment. Five of the organizations are interested in being on the steering committee for community health improvement plans.
  - ii. Community Organizer Listening Session included Douglas, Sarpy and Cass Health Departments. All 125 seats were filled for this session.
    - i. Personal working interaction with stigma, social isolation and access to resources for clientele. Barriers were pain points that hinder work with clients. How public health can support their work, further their work in their own ways and what success looks like at the end of it.
    - ii. Feedback- interested in having a referral hub that would better connect their patients from service to service. To share that information would improve their organization and partnerships among their organizations. They want more information on public health education and awareness of programs due to not knowing what type of services public health departments provide. A lot of positive connects.
      - Rebranding that we are currently doing. New website will be launched soon. Information being posted on Facebook, website and quarterly & annual reports.
  - iii. Change Maker Ignite Session – October 19<sup>th</sup>. Will bring residence and organizations together. This will help to come up with two to three shared regional goals to start the planning process for community health improvement plan which is expected to roll out in January.
  - iv. Success Story – The Local Public Health Services grant requires a success story. This will be based on Tony’s work. In the past it has been about an individual success story how they have been helped through their process. This year it will be about how we used the grant funds to drive change and collaboration across state lines.
  - v. Vaping – information included in the packets. Becoming more of a health issue causing severe respiratory illness impacting teens and young adults with a history of vaping especially with THC. The impacts are unknown however:
    - i. As of Aug 27<sup>th</sup>, 215 possible case investigations in 25 states.
    - ii. One death in Illinois that had been hospitalized with a history of e-cigarette use.
    - iii. Aug 30<sup>th</sup> the CDC issued a health advisory for severe pulmonary disease associated with e-cigarette use.
    - iv. Sept 6<sup>th</sup> IDPH reported eight cases, seven of which had used THC products. They would like all cases of severe respiratory illness associated with vaping to be shared with IDPH.
      - Medical Examiner will also be reporting possible cases to IDPH.
      - IDPH has created “My I Life My Quit” program. Geared toward teens. Quit Line age reduced to age 13 due to:
        - 22% of 11<sup>th</sup> graders, 8% of 8<sup>th</sup> graders and 2% of 6<sup>th</sup> graders reporting using e-cigarettes according to 2018 survey for Iowa Youth.
- Animal Control – Two cases reported of dogs jumping or possibly thrown from vehicles.
  - i. Farmer reported a dog thrown from a vehicle. This dog will need to have surgery for a broken jaw. Being boarded at Midlands Humane Society.
    - i. Animal Control participated in fundraiser at a car show to raise funds for the surgery.
  - ii. The second case did not require surgery.

- Environmental Health – Tracy Nosekabel reported on the following topics:
  - i. Septic Variance - 2' variance in backyard, everything to plan and no issues. Verbal approval requested by Tracy.
    1. Motion #2: motion to approve the septic variance at 200 Cloverdale.  
Motion by: Dr. Shawn Jones  
Second by: Dr. Eneh Okoruwa  
Vote: Unanimous, Motion carried
  - ii. Pool Charts – Local pools previously had 8500 that had not been paid yet. All but four have made payment to date. One pool has been closed. Will be inspecting two others that may need to be closed.

**D. Promise Partners – Patricia Russmann reported on the following:**

- Submitted application to the state for pilot project for “Lemonade for Life”. Providing free training to our community team. Required a minimum of 12 participants and maximum of 50, currently have 43 and hope to have the seats filled.
  - i. Providing foundational knowledge around adverse childhood experiences and trauma informed care.
  - ii. Infuse hope and resilience in your community and the families that you’re working with. There is a cross sector approach and want to scale up community wide.
    1. Steering committee includes:
      - a. Region
      - b. Substance abuse prevention and treatment
      - c. Mental health treatment with adults
      - d. Child providing organization
      - e. WIC clinic
    2. Looking for more involvement with providers and health communities. Asking for recommendations for someone willing to participate in the following training process:
      - a. Half day – in person, then
      - b. Full Day – 6 hours, then
      - c. Ongoing coaching and mentoring on monthly basis for six months.
      - d. An evaluation piece is built-in to this with the University of Kansas to gather data on how it is impacting the community.

**5. OTHER BUSINESS**

**A. SNAP – Letter from Charlie McConkey addressed by Jenny Sharrick.**

- a. Federally proposed rule will effect families:
  - i. Nutrition.
  - ii. Ability to provide preventative oral health screenings in schools.
  - iii. Decrease ability to provide free screenings.
    1. Motion #3: to approve the letter to be sent out on the BOH behalf.  
Motion by: Lea Voss  
Second by: Dr. Eneh Okoruwa  
Vote: Unanimous vote. Motion carried.

- B. **FUND THE TRUST** Letter – addressed by Maria Sieck
- a. Iowa Natural Resources and Outdoor Recreation Trust Fund created in 2010 and has been unfunded. Designated to protect and enhance water quality in natural areas in Iowa.
    - i. Twenty-three other Boards of Health that have put support towards this letter.
    - ii. IDPH just passed a resolution in support of the funding.
      - 1. Funding would come from raising the sales tax.
    - iii. Motion #4: to approve the letter to be sent on the BOH behalf  
Motion by: Dr. Shawn Jones  
Second by: Dr. Barbara Lee  
Vote: Unanimous vote. Motion carried.

**6. ADJOURNMENT**

Motion #5: to adjourn.  
Motion by: Dr. Eneh Okoruwa  
Second by: Dr. Barbara Lee  
Vote: Unanimous. Motion carried.

The meeting was adjourned at approximately 8:11 A.M.

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Dr. Michael Guzman, Chairman

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Date

ATTEST:

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Matt Wyant, County Planning Director

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Date